

## BREAKFASTY

### CAP'N CRUNCH FRENCH TOAST

Battered french toast, diced and Cap'nized. Comes with crunch berry jam for dipping. 14

### BREAKFAST BURRITO

Eggs, bacon, sausage, home fries, pico de gallo, peppers and onions, rolled into a flour tortilla, covered with queso and pico. (no modifications) Side of home fries. 14.5

### CAKE AND EGGS

Light and fluffy pancakes, two eggs and your choice of meat. 14

### SCRAPPLE FRIES

Crispy scrapple sticks with sriracha ketchup dipping sauce. 11

### MIGAS TACOS

Two flour tortillas w/egg, avocado, tortilla strips, cheese, cilantro, beans, tomato. 13.5  
w/crispy pork belly 15.5

### SCRAPPLE CHEESESTEAK

Fried scrapple, OMG cheese and a pair of over-easy eggs on a hoagie roll. Side of home fries. 13.75

### S.O.B.

Cream chipped beef on (wait for it) biscuits. 14

### PANCAKES W/ FRUIT COMPOTE

Mixed berry fruit compote and honey butter. 12

### GENESIS

Where breakfast began. Two eggs, toast, your choice of meat, & home fries. 12.75

### BRUNCH FLATBREAD

Bacon, egg, cheese, pico, avocado. 13



OFFICIAL POST GAME SPOT - LACROSSE  
OFFICIAL POST GAME SPOT - FOOTBALL

### BREAD BASKET

Fresh baked rolls with sriracha honey drizzle 11

### CRAB TOAST BREAKFAST

Crab, cheddar jack, pico, and Old Bay melted on toasted multiGRAIN bread and topped with chives. Two eggs any style on the side with home fries. 15.25

### JERSEY SHORE

Grilled pork roll, over-easy egg, topped with cheddar cheese on a croissant bun. Served with home fries. 13.5  
*swap roll with bacon, scrapple or sausage*

## EGGCELLENTS

All served with home fries

### BANGIN' BENEDICT

Poached eggs, pork roll, hollandaise over our buttery croissant bun. 14

### CRABBY

Eggs, crab cake, old bay hollandaise over our buttery croissant bun w/pico. 16

### SOCAL

Egg, avocado, baby spinach, tomato, hollandaise, balsamic drizzle. 16 (v)

### GARDEN OMELETTE

Spinach, tomato, mushrooms and onions. 12.75 (v)

### BACON AND CHEDDAR OMELETTE

Swap out other meats if you ask your server nicely. 14

## SKILLETS

### BREAKFAST SKILLET

Scrambled egg, bacon, sausage, OMG cheese sauce on home fries. 13

### CRAB SKILLET

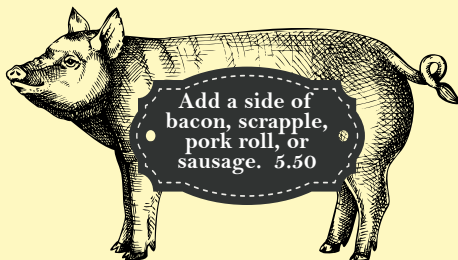
Crab, scrambled egg, hollandaise, Old Bay, scallions on home fries. 14.5

### AVOCADO SKILLET

Avocado, roasted tomatoes and red onions, scrambled eggs and hollandaise sauce on home fries. 13.75 (v)

### SMOKEHOUSE SKILLET

Short rib, scrambled egg, sautéed onions, peppers, cheddar jack cheese on home fries. 14



## BRUNCH COCKTAILS

### THE GRAIN BLOODY MARY

Blue cheese stuffed olives, a stick of house-made jerky and rimmed with Old Bay. 11.50

### SAVASANA

Fresh squeezed orange juice, wit beer and Grand Marnier. 11



New Item that made the cut!

### MIMOSAS PITCHERS

Grapefruit, Orange or Pomegranate 9 by the glass - or get a pitcher for 28!

### IRISH COFFEE

Coffee, Jameson, whipped cream, crème de menthe drizzle 11

## ZERO-PROOF

### STRAWBERRY BASIL AIDE

Muddled strawberries, lemon, and basil, with lemonade, & club soda. 5.75

### BERRY BLAST

Muddled raspberries, blueberries, simple syrup, & club soda. 5.75

### PEACH GUAVA TEA

Brewed iced tea, peach, & guava nectar. 5.75

LIVE MUSIC  
DOG FRIENDLY PATIO

# GRAIN

CRAFT BAR + KITCHEN

MEETATGRAIN.COM  
@GRAINONMAIN

## STARTERS

### OMG CRABBY PRETZEL

A warm Bavarian style pretzel as big as your head, topped with crab dip, cheese, Old Bay and baked till yummy. 18  
*Plain OMG Pretzel with dipping sauces 12*

### WINGS

#### TRADITIONAL OR BONELESS.

Grillin-Grain, Sriracha Honey, BBQ, Buffalo, Agave Old Bay, . (gf) 13

### FRIED PICKLES

The legendary Grain panko-breaded pickles, drizzled with cilantro aioli. Proudly made in house! 9.50 (v)

### CRISPY BRUSSELS

Fried brussels sprouts tossed in a balsamic reduction and garnished with parmesan cheese. 11.25 (v)

### NACHOS

Choice of grilled chicken or short rib with our OMG cheese sauce, pico de gallo, jalapeños, shredded lettuce and drizzled with our avocado crema and sour cream. 15.75 (gf)  
Plain-o Nachos 12 Side of Guac +1.5

### SEARED TUNA

Tuna seared rare and sliced thin. Drizzled with wasabi aioli and teriyaki sauce. 13

### CRAB NACHOS

Crispy wonton chips with chilled lump crab, OMG cheese sauce, diced cucumbers, pico de gallo and a dusting of Old Bay. 18.50



BUY THE HARDWORKING  
KITCHEN STAFF A DRINK  
FOR AFTER THEIR SHIFT.

\$10

## SALADS & WRAPS

All salads can be rolled up in a flour wrap for easy handling. Just ask your server



### STEAK N BLEU

Lightly blackened and chilled center cut top sirloin, bleu cheese, tomatoes, red onions, southwest aioli, and balsamic vinaigrette. 19

### HULA BOWL

Yellowfin seared tuna slices, brown rice, avocado, edamame, slices of carrots, scallions and cucumbers, topped with a drizzle of soy glaze and spicy aioli. 19

### CHICKEN CAESAR

Grilled chicken, chopped romaine, house-made caesar dressing, shaved parmesan and croutons. 15.50 (gf)

### CITRUS AVOCADO

Mixed greens, fried goat cheese, toasted almonds, orange segments, citrus vinaigrette. 15.50 (v) (gf)

ADD A PROTEIN: Grilled Chicken 4.50, Grilled Shrimp 6.75, Salmon 8.75, Crab Cake 12

## SANDWICHES

Served with seasoned chips or add a side for \$2.5.

### CRAB CAKE

House-made fresh lump crab cake, on a brioche roll with chipotle mayonnaise, lettuce and tomato. 19

### CHEESESTEAK

Our Philly Special - shaved steak, sautéed onions, shredded cheddar, and our OMG cheese sauce. 14.75

### CHICKEN CHEESESTEAK

Shredded chicken, sautéed onions, shredded cheddar, and our OMG cheese sauce. 14.75

### SALMON BLT

Grilled, fresh salmon, applewood-smoked bacon, lettuce, tomato, and cilantro aioli on toasted multiGRAIN bread. 17.75

### BACON AVOCADO CHICKEN WRAP

Grilled and chilled chicken breast wrapped in a flour tortilla with bacon and avocado. with a chipotle aioli 13.75

### WALDORF CHICKEN SALAD

Chicken, grapes, pistachios, cranberries and apples tossed in a grain-dijon dressing with lettuce, tomato and wedged between toasted multiGRAIN bread. 14



French fries | Tater-tots  
Parm-truffle fries (+.50)  
Sweet potato fries (+.50)  
House Salad | Caesar Salad



We proudly serve locally roasted  
Brazilian beans from our own  
Lewes Coffee Company.

### GRAIN BURGER

Beef, BBQ sauce, cheddar cheese, applewood-smoked bacon, lettuce, tomato, red onion. 15.25

### OMG BURGER

Beef, fig jam, lettuce, tomato, red onion, OMG cheese sauce, grilled onion-poppy seed roll. 15.25

### PJ BURGER

Your basic "Plain Jim" burger with cheddar cheese, lettuce, tomato, red onion. 13.25

Substitute any burger with  
our house made black bean burger



Groups of eight or more, please keep it to two checks. Let's save the math for your taxes. Also, an 18% gratuity may be added. Please be aware that during normal kitchen operations involving shared cooking and food products, we are unable to guarantee that any menu item can be completely free of allergens. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food-borne illness.